

## ESSENCE

PERSONAL ESSENCE	ANIMA EFFECTS
PERIPHERAL ESSENCE  [Essence x 7] + Willpower + Sum of virtues  Available	Anima Powers:  Recovery: Strenuous Activity: none Additional Mote Recovery:  At ease: 4m/hour  Totally Relaxed: 8m/hour
	SOCIAL CONFLICT
SOCIAL ATTACKS  Rate  Presence  Performance  Investigation  Man.  Ability  All attacks take a dice bonus or penalty equal to the difference between the attacker's Appearance and the Defender's Temperance.	Excl.  DODGE MDV  Wits + Aware.  Excl.  DATE  Wits + Aware.  Excl.  DATE  Wits + Aware.  Excl.  PARRY MDV  Apply defenses  Apply defenses  Conflict:  1. Declare Attack 2. Declare Defense 3. Attack roll 4. Attack rorll 5. Subtract penalties/ Apply defenses 6. Defense reroll
	BACKGROUNDS
SOLO UNIT	EXPERIENCE
ENDURANCE COOO OOO MOVE CO	TOTAL BANKED SPENT